

2024 BACK-TO-SCHOOL EDITION

## EYE LEVEL PARENT GUIDE

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### Parents Have Back-to-School Anxiety Too

During the back-to-school season, it's not just kids who feel anxious; we often wonder if they're making friends, handling the workload okay, and managing any stress or emotions that come their way. Check out our tips and resources to help both parents and children prepare joyfully for the return to school!



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Can School Be Fun? Yes!



## 3 THINGS TO DO:

How can you ensure that your child is fully prepared to tackle the school year head-on? Here's what you can try to get your child ready when they are back to school:

#1

### Reset the Daily Routine

Encourage your child to follow their regular school morning routine at least a week before the new term starts. Gradually adjusting their wake-up time helps them transition smoothly, improving readiness and punctuality for school.

#2

## Activate the Body, Initiate the Mind

Make sure that they are getting enough sleep, eating nutritious meals, and engaging in physical activity. Taking care of their well-being will enhance their overall confidence and ability to cope with school challenges.

#3

## Go for B-T-S Shopping!

Make shopping for school supplies fun!
Set aside a special day just for it. Not only will your child get what they need,
but they'll also get excited about the new school year. It's a chance to balance routine with a bit of extra fun!

# TIPS FOR PARENTS 3 THINGS TO DO:

According to a recent survey by the National Association of School Psychologists, over 60% of parents experience anxiety during back-to -school. Check out the following tips to help you stress less:

#1

### **Model Positive Mindsets**

Are you modeling some qualities as a parent during the preparation process? Remember, children absorb more through observation than instruction. Cultivate your own mindset in a positive way. Whether it's exercising, doing yoga, gardening, or any activity that brings you peace, try to make it a part of your daily routine.

#2

## Connect<br/>With Others

Sharing your worries can be a help. Gather your squad—partners, family, friends—who are ready to chat about your concerns. And don't forget about the teachers! They're like the secret agents of reassurance.

#3

## Seek Professional Support

If you're concerned about your child's academic performance, consider exploring an enrichment program that provides tailored instruction. They will gain confidence, and you will witness their independent study skills flourish.

# What Makes Some Kids Excel in Math While Others Struggle

The time to return to school may bring excitement about reuniting with friends and favorite teachers, but on the other hand, it can also bring stress to children due to the pressure of revisiting subjects they may be lacking in. Particularly, math is a challenging subject for many children. Why is it that some children enjoy or excel at math while others do not, even though they all start studying math in the same way?

"EARLY MATH
EXPERIENCE
DECIDES
THE LIFELONG
MATH JOURNEY"

### The difference might be due to early childhood experiences.

Early childhood is a critical time for math development. To cultivate a positive attitude and proficiency in math, it's crucial to engage in enjoyable and confidence-building math activities during this stage.

To help your child build those positive memories, it's crucial to create a math-friendly environment where kids can engage with learning materials and teachers comfortably.



Help children to grow mathematical thinking through every day activities, too. Young children can explore a range of mathematical experiences in their daily lives. Involve them in tasks like grocery shopping, cooking, and budgeting to make math meaningful and fun in their lives - Counting candies is sure to be a favorite!

Participating in math games with peers also boosts cognitive development, helping children grasp mathematical concepts beyond their everyday experiences and sharpen their cognitive skills more effectively.

### Early Math Begins With Arithmetic

Once a child has developed a positive mindset towards mathematics, the next step is to assess how well they perform operations. How well your child performs math calculations determines their math proficiency.

Math is all about following rules, so being good at calculations is a must. If you can do calculations well, you can handle basic math easily, understand fractions, and even tackle more advanced stuff like algebra and functions.

### Develop Problemsolving Skills

Once your child has mastered
Basic Arithmetic, it's essential to
nurture problem-solving skills.
Problem-solving involves
understanding and analyzing
problems, strategizing how to
approach them using learned
concepts. To develop this ability,
engage with a math program that
emphasizes critical thinking
beyond basic arithmetic.

Utilize learning materials that stimulate their imagination. With a grasp of these skills, your child will be better equipped to tackle challenging concepts as they advance through grades without easily giving up!



### **EYE LEVEL MATH**

THINK CRITICALLY,
CALCULATE CONFIDENTLY



### **Develop Mathmatical Thinking**

Eye Level Math is a comprehensive program that covers basic and advanced math concepts



#### **Small-step Approach**

By starting at the right level, students can follow up the curriculum effectively



### **Various Learning Materials**

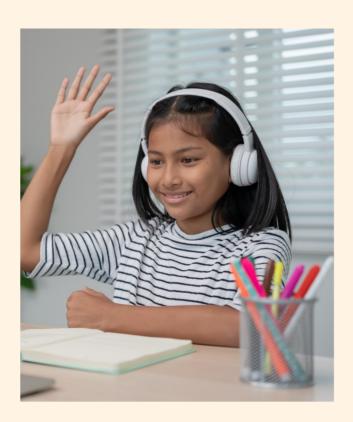
Students can develop critical thinking abilities





## Are Reading and Writing a Must in English Learning?

In today's digital world, where multimedia communication is everywhere, the significance of reading and writing skills often goes unrecognized. Many children face challenges in these areas, even if they perform well in other subjects. Research indicates that excessive TV viewing, whether on a large screen or tablet, can impede children's language development, particularly in reading and writing.



The core of learning English lies in literacy. Being involved in your child's literacy journey means more than just buying them books and watching them read. It's about helping them comprehend what they read and encouraging discussions, both verbally and in writing, about the content. To support your child in excelling in their English learning journey, we've compiled some strategies to help them master both reading and writing skills.

## Engage Your Child in Reading out Words

If you have a young child in the early stages of learning to read, be sure to spend time reading aloud with them. As they become immersed in the words they are seeing and hearing, literacy begins to take shape.



Encourage them to try sounding out words and to read small chunks of text aloud. Show them pictures and objects that relate to the words on the page. Have them write words that are a struggle, which will also work on the fine motor skill of handwriting. These activities will provide them with an even deeper connection to what they are reading and to make sense of the world around them. You can even ask them basic recall questions about what they just read, such as the characters' names and where the story takes place.

### Let Them Be Confident Writers Through Practices

Introduce the concept of journaling to your child by encouraging them to write about their daily experiences. Whether it's recounting a trip to the park or describing their favorite toy, journaling provides an opportunity for children to practice writing regularly and express their thoughts in written form. Other than that, you can engage them in letter and card writing.

Engage children in the art of letter writing by encouraging them to send letters or cards to family members or friends. This activity not only hones their writing skills but also fosters meaningful communication and social connections.

### Study With a Comprehensive Program

There's actually something more effective than engaging in various activities: it's providing structured learning through a program that focuses on teaching reading and writing systematically to children. Especially, it's advantageous if they can learn through a program that offers an integrated approach to teaching the English language.

"ENHANCE YOUR
CHILD'S LITERACY
WITH ACADEMIC
PROGRAM"



### **EYE LEVEL ENGLISH**

## MASTERY APPROACH TO THE ENGLISH LANGUAGE



### All-in-one English

Students can foster literacy skills through targeted practice in grammar, vocabulary, reading comprehension, and writing



### **Blended Learning**

Eye Level English engages students with Online & Offline blended learning materials



### **Content Knowledge**

Through extensive learning, students acquire content knowledge in a broad area including art, history, literature





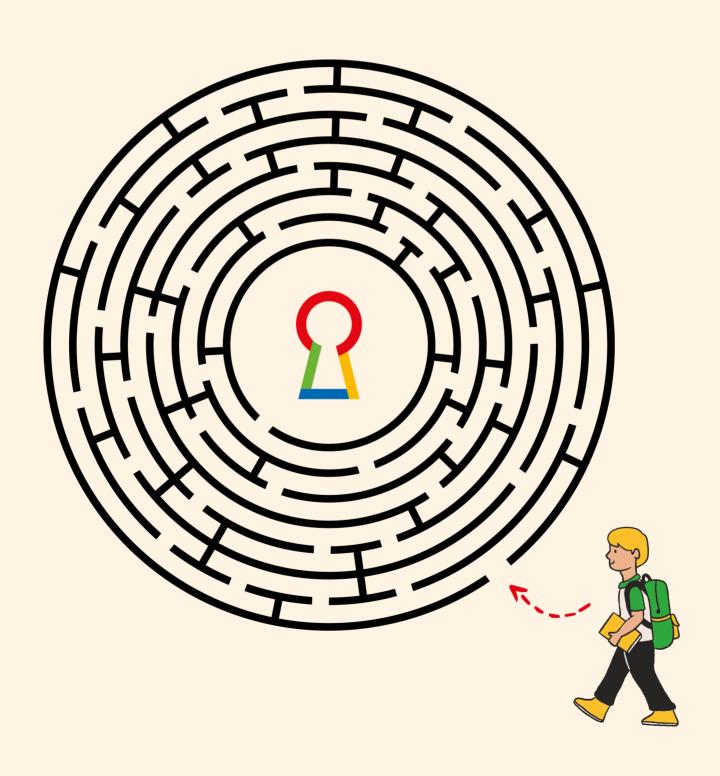
### Design a School Badge

Celebrate the Back-to-school, by designing your badge using markers, crayons, or colored pencils.



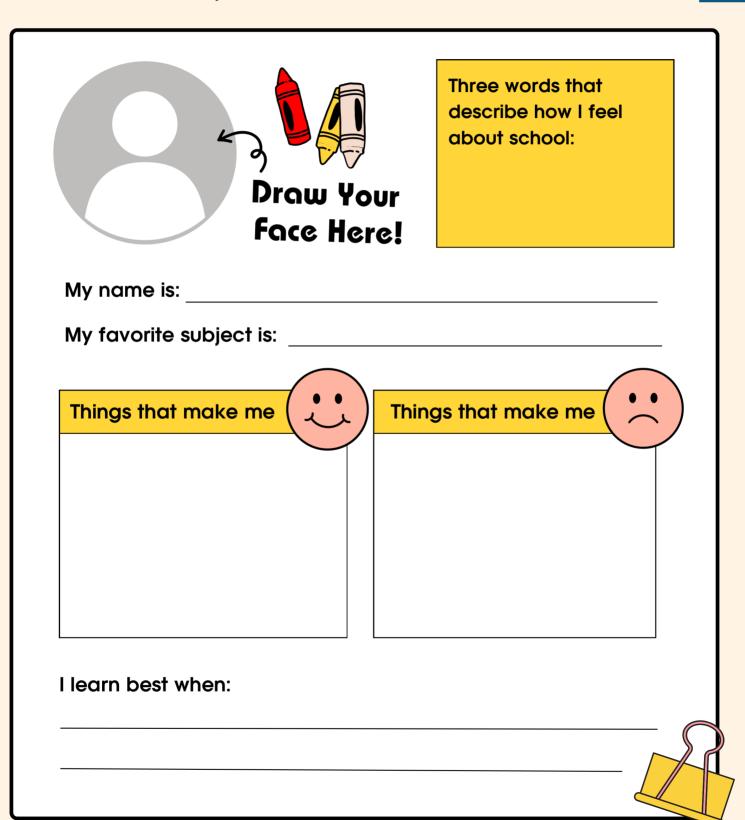
### **Maze Game**

Find your way to Eye Level, where you can build a strong foundation of learning.



### **Write School Life**

Describe what do you think about your school-life. Remember, it's important to be honest!

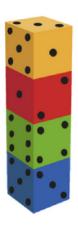


### **Creative Writing**

Use the graphics above to write a creative short story. Also use nouns, adjectives, verbs and adverbs!

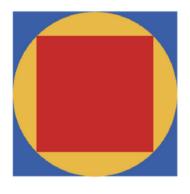
### **Critical Thinking Challenge**

Try solving the problem below and take the very first step to becoming a critical thinker!



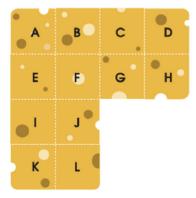
#### **1ST CHALLENGE**

Q. The picture shows a tower of dice. How many dots would there be on the bottom face of the blue die?



#### 2ND CHALLENGE

Q. How many times larger is the area of the large square than the area of small square?



#### **3RD CHALLENGE**

Q. A piece of cheese is shaped as shown in the picture below. Each of 4 mice wants a piece that is the same size and shape. How should you cut it? indicate using the letters.

\*Answers are in the final page.





## Learning That's Always At Your Child's Level

1:1 Coaching We provide an individualized program

510<sup>+</sup> Learning Center
We are No.1 enrichment program

40+ Years of History
We have long history in education field

2 Million Enrollment
We have nurtured millions of students worldwide



### **Answer Sheet**

\*1ST CHALLENGE: 1

\*2ND CHALLENGE: 4 times

\*3RD CHALLENGE: ABE, IKL, FGJ, CDH